

NO ONE SHOULD HAVE TO LIVE THROUGH THEIR OWN DEATH.



It starts innocently enough- a trip, a fall or some difficulty swallowing. But things continue to get worse.

ALS (often called Lou Gehrig's disease) is a rapidly progressive, fatal neuromuscular disease. Little by little you lose all voluntary muscle movement: your ability to run, your ability to hug, even your ability to talk. Your body dies slowly. You don't.

Some people with ALS live for years trapped inside their own body, unable to move or communicate. Right now in Canada, thousands of people are living with ALS. These courageous people find hope in knowing that the ALS Society of Canada is working with doctors and researchers to end this disease. But we need your help, too. Call 1 800 267 4257.

ALS  PLEASE GIVE
www.als.ca